



# *the* Sandpiper

Star Island's International Affairs Conference Newspaper

2015 IA CONFERENCE PROGRAM AND HANDBOOK

## 2015 Theme Climate Change

### CHAIR'S WELCOME

#### Welcome to IA 2015!

Two more weeks and we'll meet on the dock, old Shoalers back for the 2nd to 50th+ time and new friends there for the first time. That first glimpse of the Island from the boat gives me always goosebumps, whether it's several miles out or rising from fog when we're almost there. However it appears, take a moment to notice and be glad.



**Your IA Committee has worked all year** to offer a week of inspiration and learning as we tackle Climate Change, probably humanity's greatest threat. Here and on the IA website ([internationalaffairsconference.org](http://internationalaffairsconference.org)) see information about our speakers, Timely Topic presenters and special workshop leader. We can't expect easy answers or quick fixes to Climate Change challenges, but greater understanding of its vast complexity may better prepare us to make a difference. We hope our week together will help.

**At IA we not only address pressing international issues;** we also come to be refreshed, renewed, and reconnected with inspiring chapels, fun workshops, a fantastic Youth Program, intergenerational activities, and more. There is so much to do that the difficulty is choosing. Here's to a wonderful week for Shoalers old and new.

– *Beth Miller, chair*



### A note from the editor

The conference publishes a daily newspaper called *The Sandpiper* which reports about conference events and provides updated information to conferees. Consider writing something to share. The editor welcomes family and personal updates, poetry, riddles, narratives about conference activity, personal reflections on international affairs and other topics.

Heather Rush, Editor

EMAIL: [thesandpiperIA@gmail.com](mailto:thesandpiperIA@gmail.com)

## Program Introduction

**GLOBAL CLIMATE CHANGE** is already at a critical level, but many of us don't really comprehend the implications and ramifications and what we could or should do to address it. Each new report compiled by the United Nations IPCC (Intergovernmental Panel on Climate Change) paints a more sobering picture of both the science and the risks to nations. IA 2015 will bring together a panel of speakers and other programming to help us understand the science of climate change and its impact on the environment, its social, cultural, economic and political impacts on specific nations and their international challenges, and what we can do in our personal lives and in the larger community to help address the situation.

**TO ROUND OUT** a very full program we will again enjoy Art Barn, yoga and music workshops, as well as book discussions, Timely Topics, our campfire, all the usual games, and the marvelous nature and history walks/trips revealing the secrets and beauty of Star Island.

## Introducing Our 2015 Speakers



### STEVEN P. HAMBURG

**ON SUNDAY**, we begin our program of morning talks on climate change with Steven Hamburg, Chief Scientist of the Environmental Defense Fund and ecosystem ecologist. Steve will give us an overview and set up the conversation for the week by discussing some of the impacts, drivers, and possible options for mitigation of climate change.

Trained at Vassar College (AB, Biology), Yale (MFS Ecology and Forestry; PhD, Biogeochemistry and Ecosystem Ecology), Stanford Universities (Post-doc Ecology) and Harvard (Bullard Fellowship) Steven has been involved in biogeochemistry/forest ecology research for more than 25 years.



### KATE SHEPPARD

**ON MONDAY**, Kate Sheppard, Senior Environmental Reporter, The Huffington Post, will focus on the political history of climate change—from scientists' early warnings to policymakers, to the first Congressional hearings on global warming, to the push for a global climate treaty. Her talk will look at the momentum for action and the forces pushing against it, and examine why, despite decades of discussion, a unified plan to address what is widely considered the greatest challenge of our time continues to elude policymakers. The talk will include an assessment of the current state of domestic and international climate policy and the path forward.



### KEYA CHATTERJEE

**ON TUESDAY**, we will hear from Keya Chatterjee, Executive Director of the Climate Change Network. Keya will speak to the moral obligation to our children and communities, as well as to the poor communities and communities of color that face disproportionate suffering in the face of climate change. Her talk will also share stories of the local renewable energy solutions being implemented in communities and homes across America, the action taken by other countries in the context of the UN Climate Talks in Paris, the plight of small island nations who have done little to cause the problem, and the special interests that have prevented action on climate thus far in the US.





## DALE JAMIESON

**ON WEDNESDAY**, Dale Jamieson, who teaches environmental studies, philosophy, and law at New York University, finishes our individual theme talks. He will address the broader context of climate change. Climate change is a dramatic instance of a new kind of problem in which we, acting together, remake the planet in ways that no one intends. Over the next century this will affect not only our politics and economics, but also how we live and find meaning in our lives.

Dale has held visiting appointments at the National Center for Atmospheric Research, Cornell, Princeton, Stanford, Oregon, Arizona State, and Monash University in Australia.



## PANEL DISCUSSION

**ON THURSDAY**, we complete the program with a panel discussion among our four speakers as they respond to one another, give their final thoughts for the week, and take your lingering questions.

Read more about our speakers on our website: [internationalaffairsconference.org](http://internationalaffairsconference.org)

## Minister of the Week

### REVEREND MARA DOWDALL

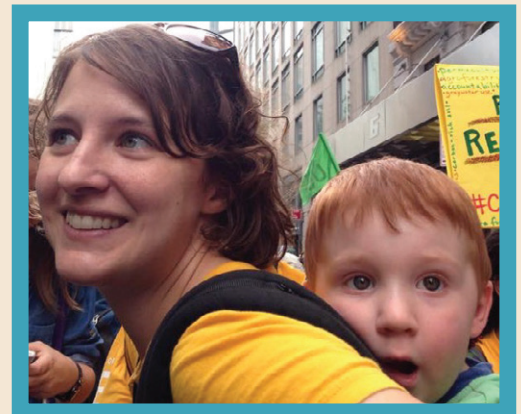
*Dear IA friends,*

Greetings! I am thrilled to be joining you at this summer's conference as Minister of the Week. My family and I first attended IA two summers ago, after hearing many wonderful things about the conference over the years. As a longtime Shoaler and former Pelican, it is a joy to be returning to Star and IA once again, but in a new capacity. I look forward to getting to know you better, as we worship, learn, grow, rest, relax, and have fun!

I hope to see many of you at morning chapels, which will provide spiritual nourishment and soul-grounding for our time together. Through music, spiritual practices, readings, and homilies, we will make a sacred space each morning to prepare for the day, complement the offerings of our theme speakers, refill our wells, and renew our spirits.

Please let me know if you might be interested in serving as a reader during a morning chapel service: [maradowdall@gmail.com](mailto:maradowdall@gmail.com). I will also be available for pastoral care and conversation during the week.

*See you on the dock!*



## International Affairs Youth Program 2015

**YOUNG SHOALERS** are enthusiastically welcomed into the IA Youth Program by friendly faces and engaging children's staff who fill each day with fun and new experiences. The program offers cool, age-appropriate activities and interesting topics related to the conference theme.

**THE YOUTH PROGRAM** is a structured program that takes place in the morning (9:50 am–12 noon) and in the afternoon (1:20 pm–3:00 pm.) There are exceptions to these times: the Toddlers meet in the mornings only and the seniors don't meet in the morning, instead meeting in both the afternoon (1:20 pm–3:00 pm) and the evening (8:00pm–10:00 pm). Adult supervision during these times is provided by the Youth Program staff, chosen and trained to provide a nurturing, creative, and safe atmosphere during Youth Program hours. At other times while on the island, parents are responsible for their children. Additionally, there is no afternoon Youth Program on Wednesday or Friday.

**THE CONFERENCE OFFERS** other activities (not supervised by the Youth Program) that children and families can enjoy, including a softball game, rowboat races, IA Follies, and an intergenerational dance organized by the Seniors. Also, the island staff (or "Pelicans") perform a talent show called the Pel Show which is always exciting for those kids who can stay up late enough to watch it!

**The Youth Program handbook can be found on our website:**

[http://internationalaffairsconference.org/content/2015/2015\\_IAFamilyHandbook.docx](http://internationalaffairsconference.org/content/2015/2015_IAFamilyHandbook.docx)

**Download a registration form for each child participating**

*Families with children participating in the youth program are asked to complete a registration form for each child prior to the conference. The form can be downloaded from the IA site:*

[http://internationalaffairsconference.org/content/2015/2015\\_IAYouthProgramRegistrationForm.docx](http://internationalaffairsconference.org/content/2015/2015_IAYouthProgramRegistrationForm.docx)

**IF YOU HAVE ANY QUESTIONS ABOUT THE YOUTH PROGRAM,**  
please contact Tryst Chagnon at [trystelena@gmail.com](mailto:trystelena@gmail.com) • 919-656-8892



## Timely Topics

**"TIMELY TOPICS" ARE PRESENTATIONS** on current topics given by members of the conference. Scheduled most evenings, timely topics are not necessarily related to the current year's theme. If you have a topic that you would like to share with others, please contact an IA committee member.

### HEIDI WEISKEL

The 300 international public interest environmental lawyers of the Environmental Law Alliance Worldwide (ELAW) have a unique perspective on climate change, as every day they are witnessing the environmental and socioeconomic impacts that are already occurring in many parts of the world. These advocates are on the front lines, and their strategies for confronting climate change are creative and varied. They are challenging dirty energy sources like coal, protecting ecosystems needed to withstand the environmental changes that are coming, and seeking accountability from

corporations and governments who could take decisive action to safeguard our common future.

Dr. Heidi Weiskel is ELAW's staff ecologist, and supports the work of ELAW advocates from her home in the San Francisco Bay Area in northern California. At the IA Conference, Heidi will highlight some of the strategies ELAW partners are using and the core values upon which they are basing their work (closely aligned with many UU principles!), and lead a discussion in why collectively we should have hope for the future.





## Timely Topics cont.

### BRUCE KNOTTS

*Two Path Wampum Belt*

Bruce will discuss the Canadian indigenous vision of cultures living side by side in harmony with respect for land, air and water and for each other

### MARTIN SCHRAGE

*How Star Island Sharply Reduced its Fossil Fuel Consumption*

Martin will show how the new solar plant plays a big role on island, but also illustrate other important changes made on island. He'll address solar/wind technology and the critical role of storage ideas plus future plans for Star Island.

## JOHN ANDERSON

*Fostering a Productive Public Conversation on Climate Change*

John Anderson will share lessons learned from the "National Network for Ocean and Climate Change Interpretation."

The network is a collaborative project involving social scientists, ocean and climate scientists and educators from aquariums, zoos and nature centers. Using research-based communication theory, the project is working to build capacity to initiate and facilitate inviting, engaging and empowering dialog about climate change. John will review specific ideas you can practice as you raise conversation about climate change.

## Art Barn

### LEE EDGE

We're excited to have Lee Edge with us this year to inspire us while working in Star Island's beautiful art barn. Lee has been a fine arts educator in public schools for more than 40 years in Pennsylvania, Wyoming, Ohio, Virginia and Texas and has instructed adult classes in Wyoming, Utah, Texas, and Tennessee. She is a creator of award-winning art at the national, state, and regional levels.

Lee welcomes all to take the opportunity to be creative and expressive and to experiment and learn. She'll provide focus on the different stages of the creative process from concept

development to final rendition into two-dimensional art forms. Technique demonstrations and one-on-one critiques will also be offered. Lee likens creating art to prayer and meditation. One of her favorite quotes is: "Arts, crafts, and sciences uplift the world of being, and are conducive to its exaltation."



## IA Annual Fund Art Auction

**PLEASE BRING AN ITEM WITH YOU FOR THE IA ART AUCTION**, which occurs during Happy Hour on Friday. Funds raised by the Art Auction, along with the Silent Auction, help replenish the IA Financial Aid Fund as well as occasionally allow us to expand conference programming. All artists (emerging, amateur and professional) are encouraged to auction one or more of the works they make on-island during the week or to bring something from home.

### Questions?

Contact **Laura Jaffe Espinosa** at [laura@studioespinosa.com](mailto:laura@studioespinosa.com)

## Music and Chorus

### BETH ARMSTRONG

Long-time shoaler Beth Armstrong will again direct the IA Chorus and offer music for Morning Chapels and the IA Follies. Beth first came to Star as the Island Music Director in 1997 and 98 and fell in love with the place and people. She has led the IA Chorus for several years and we are thrilled to have her back again.

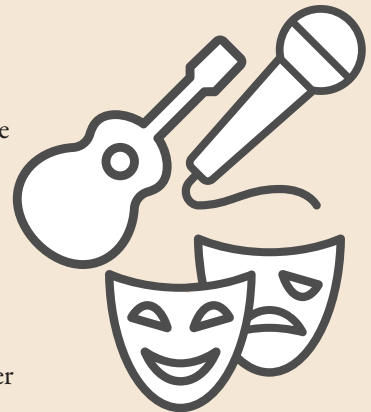
Beth directs four choruses in Tiverton, RI, Providence and East Providence, RI, and Fall River, MA. Beth firmly believes that singing is a healthy and positive thing that EVERYONE can and should do. Enjoying the process and having fun, as well as contributing to the worship life of the community, make the IA Chorus a great place to spend your afternoons.



## IA Follies

### THURSDAY NIGHT

On Thursday night, we will once again be presenting the IA Follies. This is a talent showcase for young and not-so-young, and I encourage all who are interested in their fifteen minutes of fame (well, 3, actually) to consider what they might have to contribute to the evening. In the past we have had singers, dancers, poetry readers, skits of all types, instrumentalists, jugglers, and other amazing moments of entertainment. There will be a sign-up sheet all week, and I reserve the right to keep the length reasonable- so the more people you can include in your act, the better. Maybe I can connect you with someone who is able to join you in some way – need a foil for your jokes? Need a pianist for your song? Need a volunteer to be sawed in half? Just ask me! I'll do my best!



## Yoga

### JANE HULTING

Hi Everyone. I so enjoyed you all last summer, that I'm back! Thank you for inviting me. What's so great about yoga? It works for everyone, regardless of your skill or age. In yoga, you do not need to be in great shape to take a class, because a good teacher can make the poses bloom for each individual student in the class, regardless of skill level. The reason for taking the class is so that you feel more energized and more calm simultaneously. No, it's not a time for a dreaded workout. Rather, it's a timeout time for you to make a deeper connection with your body, your Self. We do that by gently (or vigorously, depending on the student) opening the body, and opening the mind. At IA, you want to experience that beautiful connectedness and release that a good vacation provides, and not go home feeling tired. Yoga can help you provide that for yourself. That being said, I teach good physical and mental alignment within a context of enjoyment. In the class, you can work from a chair, or from your mat. My goal is to have it work for everyone!



**Don't forget morning warmups on the porch at 7am!**



## Special Workshop

### 'TAKING IT HOME' WORKSHOP MONDAY, TUESDAY AND WEDNESDAY, 1:30–3:00

**BRUCE KNOTTS**, Director of the Unitarian Universalist United Nations Office, will help conferees reflect on the UUA's Commit2Respond and other resources in a special afternoon workshop. How do we make sense of what we're learning about climate change and find appropriate ways to address its complexity as both a scientific concern and an environmental justice issue?

*We are grateful that Bruce's participation in IA 2015 is made possible by an Isles of Shoals Association conference grant and a matching contribution from Star Island Corp.*



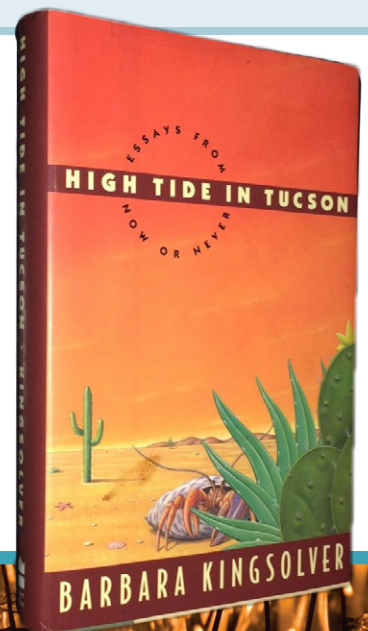
## Book Discussion

### FRIDAY

**CONNIE JOHNSON** will lead this year's book discussion about *High Tide in Tucson* by Barbara Kingsolver. *High Tide in Tucson* is a 1995 book of twenty-five essays about family, community and ecology.

The work is available in paperback and for Kindle at the link below, and the Star bookstore should also have a few copies for sale. Don't worry if you haven't read the whole book—or any of it—everyone is welcome to join in the discussion!

[www.amazon.com/High-Tide-Tucson-Essays-Never/dp/0060927569](http://www.amazon.com/High-Tide-Tucson-Essays-Never/dp/0060927569)



## Candlelight Chapel Services

**SATURDAY** Beth Miller

**SUNDAY** Tom & Martha Fulda

**MONDAY** Ken MacLean

**WEDNESDAY** Senior Youth

**THURSDAY** Bo Chagnon

**FRIDAY** Becky Miller



## Silent Auction

**EACH YEAR WE HOLD A SILENT AUCTION OF GOODS AND SERVICES TO REPLENISH OUR SCHOLARSHIP FUND TO HELP CONFEREES WHO COULD NOT OTHERWISE AFFORD TO COME TO IA.**

**It is time to start thinking about** what you might offer to help with this worthy effort. Everyone has something to donate and this is a great opportunity to give back to the community.

**What might you offer?** New or gently used jewelry, textiles, leather goods, small decorative items, photography and artwork are always popular. Anything that will fit in a suitcase, and if it has a story, all the better. Bring a card with the story to display with your item.

**Do you have** a vacation cottage, timeshare, boat, or camper you

could offer? How about hosting an individual, couple or family at your home for a week or weekend? Bed and breakfast is always popular. You might also consider offering a service.

**Do you do** music lessons, coaching sessions, acupuncture, massage, tarot readings, home improvements, computer lessons? Services performed on island or off are greatly appreciated. They also provide both the buyer and the seller an opportunity to get to know each other better.

**Details** on where to drop off your items, etc., will be given on-island.

**If you have any questions**, or would like to help with collecting payments after the auction, contact IA Committee member, **Bryan Williams** at [bdwilliams724@verizon.net](mailto:bdwilliams724@verizon.net)

## 12-Step Meetings

**EACH EVENING**, Sunday through Thursday, from 5:30–6:15, there is a 12-Step meeting in the Writing Room (off the Oceanic Lobby with the entrances from both the Pink Parlor and the end of the Porch). This meeting is especially for those conferees concerned about their own addictions or those of family members or close friends, and for those conferees who would like to learn more about these remarkable programs of insight and recovery. 12-Step meetings provide a safe, supportive place to explore these questions.

## The Annual Fund (Keeping Star Island Strong)

**GREETINGS EVERYONE** and welcome to all our New Shoalers who are new to the island, and to those new to the conference! Excitement builds as we get closer to our time together on Star.

A significant portion (15%) of the money needed to operate Star Island is raised through the Annual Fund, which in addition to the operating budget, also supports Star Island initiatives such as the brand new solar array, as well as island improvements and upkeep, and financial aid for conferees who might not otherwise be able to come. Interesting statistic: your room and board fees only cover 70% of the cost of your stay. The island is expensive to maintain!

**THIS YEAR**, Star Island's goal is to increase participation by 13% across all conferences. I believe IA can do even better. I have two goals for us this year: (1) To increase IA participation by 20% over 2014; (this means donations from conferees who have never given, or who have not given in the past three years); AND (2) to increase existing giving by 20% (this means if you are already giving, please consider stretching to increase your donation by 20%). I'm calling this the 20/20 Campaign! Catchy, no?

**GET IT DONE NOW:** To kick-start this campaign, I'm encouraging donations now. Right now. Before you move on from reading this to doing something else. This way we check you off our master list (you knew we had one, right?) and we don't have to talk money on our vacation. Because really, who wants to do that? On island the Annual Fund-raising team is Ellen Brandenburg, Ted Trainer, John Cook, Peter Flynn, and myself. Here is the link to donate: <https://starisland.thankyou4caring.org/donate>. What makes this even easier is you can choose to contribute monthly from your credit or debit card. That's what I do. Once you enter the amount you want to donate, you will see a field for choosing "recurring" monthly gift. No amount is too small, no contribution insignificant. It all adds up.

If you prefer to write a check, it may be mailed to:

**Star Island Annual Fund, Morton-Benedict House**  
**30 Middle Street, Portsmouth, NH 03801**  
 (Please write "IA" on the memo line.)

**Thank you so much for supporting  
 IA and Star and see you soon,**

*Maria Getoff, Chair, IA Annual Fund Committee*

## Schedule of the Week

### IMPORTANT REMINDER TO SHOALERS NEW AND OLD

**ALL CONFEREES ARE REQUIRED TO ATTEND** an orientation session conducted by the Star Island staff shortly after arrival to receive essential information on safety and Island living. A separate orientation session conducted by the IA Committee will be held to introduce conference speakers, staff, volunteers and programs immediately following dinner.



# 2015 International Affairs Conference ★ Star Island

## CLIMATE CHANGE ★ JULY 25<sup>TH</sup> – AUGUST 1<sup>ST</sup>, 2015

|   |   |  |  |   |                                     |                                    |  |          |
|---|---|--|--|---|-------------------------------------|------------------------------------|--|----------|
| updated 7/7/15                          | Saturday  | Sunday   | Monday                                   | Tuesday   | Wednesday                           | Thursday                           | Friday   | Saturday |
| 6:00                                    | AT STEAMSHIP<br>COMPANY DOCK<br>PORTSMOUTH, NH:<br>ALL BOARDING<br>MUST BE<br>COMPLETE 5<br>MINUTES BEFORE<br>YOUR 2:25<br>DEPARTURE  | BIRD WATCHERS -- MEET AT RUTLEDGE MARINE LAB                                   |  |   |                                     |                                    |  |          |
| 6:30                                    |   | EARLY MORNING ON THE PORCH: COFFEE, TEA & HOT CHOCOLATE                        |  |   |                                     |                                    |  |          |
| 7:00                                    |   | POLAR BEAR SWIM -- DOCKSIDE  |  |   |                                     |                                    |  |          |
| 7:00                                    |   | MORNING SINGERS -- MEET AT NEWTON CENTRE                                       |  |   |                                     |                                    |  |          |
| 7:30                                    |   | MORNING STRETCH: FRONT PORCH   |  |   |                                     |                                    |  |          |
| 7:30                                    |   |  |  | Music in Pink Parlor<br>Sam Williams                  | Music in Chapel<br>Pollack-Johnsons |                                    |  |          |
| 8:00                                    |   | Conference photo<br>8:40 front steps   | BREAKFAST                                |   |                                     |                                    |  |          |
| 9:00 to 11:00                           |   | SHOWERS  |  | SHOWERS   |                                     | SHOWERS                            |  |          |
| 9:00                                    | YOU DID<br>COME<br>BACK!<br><br>WHEN THE<br>BOAT ARRIVES<br>HEAD TO THE<br>LOBBY TO<br>CHECK-IN.<br><br>THEN PLEASE<br>GO TO ELLIOT<br>HALL FOR THE<br>MANDATORY<br>SAFETY<br>ORIENTATION<br><br>4:15 to 5:00<br>"Fire & Water"<br>(Elliot)<br><br>5:00 to 5:30<br>Youth Program<br>Orientation | MORNING CHAPEL -- Rev. Mara Dowdall  |  |   |                                     |                                    |  |          |
| 9:50 to 12:00                           |   | YOUTH PROGRAM -- MEET ON FRONT LAWN at 9:50                                    |  |   |                                     |                                    |  |          |
| 10:00<br>to NOON                        |   | MORNING SPEAKERS -- ELLIOTT HALL   |  |   |                                     |                                    |  |          |
|   |   | Steven Hamburg   | Kate Sheppard                            | Keya Chatterjee                                       | Dale Jamieson                       | Speaker Panel                      | To Be<br>Announced                                 |          |
| NOON                                    |   | Intro / Q&A :<br>Lisa Braiterman   | Intro / Q&A:<br>Burt Jaffee              | Intro / Q&A:<br>John Anderson                         | Intro / Q&A: Lucia<br>Green-Weiskel |                                    |  |          |
| 12:30                                   |   | Parents of Toddlers, Barners, and Larries -- Pick up at Louise's Barn at 12:00 |  |   |                                     |                                    |  |          |
| 1:00 to 6:00                            |   | LUNCH  |  |   |                                     | Silent Auction<br>(1:30-5:30)      |  |          |
|   |   |  | SHOWERS                                  |   | SHOWERS                             |                                    | SHOWERS  |          |
| 1:15 to 3:00                            |   | Low Tide Walk<br>(Marine Lab)  | Smuttynose Trip<br>(Front Porch)         | Appledore Trip<br>1:15-4:00 (Dock)                    | Billy Goat Walk<br>(Marine Lab)     |                                    |  |          |
| 1:20 to 3:00                            |   | YOUTH PROGRAM  |  |   | No Program<br>Kid's Movie-Elliot    | YOUTH PROGRAM                      |  |          |
| 1:30 to 3:00                            |   | "Taking it Home"<br>Bruce Knotts - UU UN Office (Newton West)                  |  |   |                                     | Past Chair Mtg<br>(Sandpiper Room) |  |          |
| 1:30 to 3:00<br>1st Workshop<br>Session |   | ART WORKSHOP: -- Lee Edge -- Art Barn  |  |   |                                     |                                    | Book Discussion<br>Connie Johnson<br>(Pink Parlor) |          |
| 3:30 to 5:00                            |   | Kids Softball<br>Practice  | Kids Softball<br>Practice                | Kids vs Adults<br>Softball Game                       | Community<br>Softball Practice      | IA vs Pelicans                     |  |          |
| 3:30 to 5:00<br>2nd Workshop<br>Session |   | YOGA WORKSHOP-- Jane Hulting -- Brookfield                                     |  |   |                                     |                                    | Cuban Salsa Intro<br>Heidi Weiskel                 |          |
| 4:00 to 5:00                            |   | MUSIC WORKSHOP -- Beth Armstrong -- Pink Parlor                                |  |   |                                     |                                    |  |          |
|   | Behind the Scenes<br>Tour (Lobby)   | History Tour<br>(Front Porch)  |  | Ghosts and<br>Graveyards Tour<br>(Vaughn)             |                                     |                                    |  |          |
| 5:00                                    | New Shoaler<br>Welcome (Newton)   | Pel Auction<br>(Newton)  |  |   | Committee Update<br>(Newton)        | Art Auction<br>(Newton)            |  |          |
| 5:30                                    | HAPPY HOUR: Newton Center and Lindquist Deck  |  |  |   |                                     |                                    |  |          |
|   | Friends of Bill / 12 Step Meetings: Writing Room  |  |  |   |                                     |                                    |  |          |
| 6:30                                    | DINNER  |  |  |   | LOBSTERS AT 6:15                    |                                    | BANQUET NIGHT!                                     |          |
| 7:30                                    | CONFERENCE<br>ORIENTATION<br>Elliot   |  | Intergenerational<br>Dance<br>Brookfield | CAMPFIRE (7:00)<br>West Rocks                         |                                     | IA FOLLIES<br>Elliott              | GRAND<br>MARCH!                                    |          |
| 7:30 to 9:00<br>Timely Topics           | Victims of<br>Climate Change  | How Star sharply<br>reduced its fossil<br>fuel consumption                     | Two Path<br>Wampum Belt                  | Fostering a public<br>discussion on<br>climate change |                                     |                                    |  |          |
|   | Heidi Weiskel   | Martin Schrage   | Bruce Knotts                             | John Anderson   |                                     |                                    |  |          |
| 8:00                                    | Senior Youth Group - PARKER   |  |  |   |                                     |                                    |  |          |
| 8:45                                    | CANDLELIGHT CHAPEL SERVICES -- Assemble on porch at 8:45  |  |  |   |                                     |                                    |  |          |
| 9:00                                    | 2015 Chair<br>Beth Miller   | Tom & Martha<br>Fulda  | Ken MacLean                              | PELICAN SHOW<br>Lobby - 9:00                          | Senior Youth<br>Chapel              | Bo Chagnon                         | 2016 Chair<br>Becky Miller                         |          |
| AFTER<br>CANDLE<br>LIGHT                |   |  |  |   | Seniors Ice Cream<br>Social         |                                    | Farewell Gathering<br>Newton                       |          |
|   | LATE NIGHT @ NEWTON, SNACK BAR and ELSEWHERE - come join the fun!   |  |  |   |                                     |                                    |  |          |

# Don't Miss the Boat!

**CONFEREES TRAVEL TO THE ISLAND** from Portsmouth, NH aboard the Thomas Loughton, owned and operated by the Isles of Shoals Steamship Company. **You MUST arrive at the dock between 11:00 am and 1:00 pm** or you run the risk of your checked baggage not getting onto the boat!

## DIRECTIONS TO THE DOCK

**The Steamship Company dock** is conveniently located at 315 Market Street in Portsmouth. From 95 South (traveling from the North): Take NH Exit 7. At the end of the ramp, turn left at lights. You should be headed towards downtown Portsmouth. Go approximately  $\frac{3}{4}$  mile, staying in the LEFT LANE as you approach the Portsmouth Sheraton (a large brick building) on your right.

**The entrance to the Steamship Company dock** is on the LEFT, directly across from the Sheraton. From 95 North (traveling from the South): Take NH Exit 7. At the end of the ramp, turn RIGHT at lights. You should be headed towards downtown Portsmouth. Go approximately  $\frac{3}{4}$  mile, staying in the LEFT LANE as you approach the Portsmouth Sheraton (a large brick building) on your right. The entrance to the Steamship Company dock is on the LEFT, directly across from the Sheraton.



## PARKING

The parking fee for the dock in Portsmouth is \$12 per vehicle per day or any part of a day, thus the charge for a car parked from Saturday to Saturday is \$84. To avoid traffic backup, please follow closely the directions of the parking attendant at the front gate. This will ensure that everyone is parked correctly and conveniently.

## SHUTTLE SERVICES

The following companies provide transport to and from Portsmouth and the airports in Boston, MA and Manchester, NH. Both require advance reservations, and drop off at the Sheraton Hotel, Portsmouth or at other locations by request.

- **FLIGHT LINE AIRPORT EXPRES**  
800.245.2525, [www.flightlineinc.com](http://www.flightlineinc.com)
- **SEACOAST AIRPORT SERVICE**  
866.431.1580, [www.transportnh.com](http://www.transportnh.com)

## BUS SERVICES

- **C&J BUS SERVICE**  
800.258.7111, [www.ridecj.com](http://www.ridecj.com)
- **GREYHOUND BUS LINES**  
800.231.2222, <http://www.greyhound.com/home/>

## TAXI SERVICES

- **BLUE STAR TAXI**  
603.436.2774
- **ANCHOR TAXI**  
603.435.1888

## ARRIVING AT THE DOCK ON SATURDAY, JULY 25, 2015

- 11AM-1PM** Arrive at the Steamship dock to park, unload luggage, and check in
- 2 PM** Be prepared to board the Thomas Loughton
- 2:25 PM** Thomas Loughton departs for Star Island

Conferees arriving after 1 pm run the risk of not having checked luggage delivered to the island until Monday afternoon of the conference and possibly missing the ferry altogether! With the Steamship Company dock conveniently located in downtown Portsmouth, you may wish to explore the town and have lunch before you board the Thomas Loughton, but **please unload your luggage first.**



## Luggage

**ALTHOUGH EVERY EFFORT** will be made to handle luggage with care, conferees should be advised that the Star Island Corporation and the Isles of Shoals Steamship Company assume no responsibility for the handling, damage, or loss of any luggage belonging to Star Island guests. Conferees are urged to leave rare or valuable items at home or, if they must be brought, to handle them personally. Belongings should be consolidated and securely packed; loosely packed items run the risk of being damaged or dropped in the water during handling. Neither Star Island nor the Steamship Company has professionally trained luggage handlers.

**LUGGAGE LIMITS** will be strictly enforced, so please pack accordingly.

### LUGGAGE IS LIMITED TO:

- One small carry-on bag
- A specialty item (such as a musical instrument, easel, or tennis racket)
- Checked bag (a duffel bag without wheels is preferable)—limit 40 lbs. per person, or two smaller checked bags—limit 25 lbs. per bag per person

*Prescriptions must be included in carry-on bags, not checked.*

**BAGS EXCEEDING 50 LBS. WILL NOT BE TRANSPORTED.** There will be a scale at a check-in station to determine each bag's weight. Conference staff with special freight needs must make arrangements for such freight through their conference leaders. Carry-on items are the responsibility of the passengers.

**LUGGAGE SHOULD BE** consolidated and marked with nametags (with complete contact information) before arriving at the dock. Island staff will provide color-coded tags at check-in, which, should be affixed to the checked luggage item.



## What to bring to Star Island



Even if we must adhere to the 50 lb. bag limit (this is OSHA's rule, folks, not Star Island's) **there are some things that you can tuck into your luggage that will make your Star experience even better** (because let's face it, it's going to be awesome no matter what.) We humbly present these suggestions, compiled with care by Kristen Laverty.

- Baby wipes (in the convenient travel-sized pack)—helpful for cleaning up on non-shower days and after lobster night.
- Flip-flops and/or water shoes—for going to and from shower and to and from the rocky swimming beach
- Bug repellent—Star Island mosquitoes are crazy thirsty bloodivores and they come out at dusk—take care of your ankles!
- Bathrobe/Muumuu—for going back and forth from the showers/swimming, etc.
- Flashlight or headlamp—for crisscrossing rocky paths in the dark
- Sunscreen and Sunglasses—we're surrounded by the ocean and the glare, even on overcast days, can be quite intense
- Real Maple Syrup—for the purists who don't want to have their pancakes/french toast with "maple-flavored" syrup
- Adult Beverages—Aside from the daily social hour, there may be occasions for those of age to imbibe in a convivial atmosphere. (We're talking a bottle of wine or some gin for a gin rickey, folks, not a keg.) Alcohol and cigarettes are NOT for sale on Star Island, and both may only be used in approved areas.
- Something Warm—A fleece, sweatshirt, or the like. The nights can get a wee bit chilly. Extra blankets for beds are always available, but something for your person is wise.
- Meds—if you take daily medication, pack a few days extra in case inclement weather strands us out on Star (unlikely, but possible!)
- Chargers—for your kindle, iPad, phone. The front desk will happily charge your electronics if you must bring them. **DON'T** charge them in your room please!
- Cash—Even though the Front Desk & Gift Shop take credit cards, the Snack Bar won't. The IA Silent & Art auctions take cash & checks.
- Softball mitt for the always fun staff/conferee game
- Musical Instruments—If you're a musician, bring your axe!
- Rain coat—a critical item on Star. It rains there.
- Dress-up clothes for banquet night—Most people dress up for the Friday night event.
- Extra shoes—Shoes get wet and muddy.
- Other items—Bathing suit and beach towel, binoculars, books, cameras, games, kites, tennis rackets and balls.
- Some incidentals are available in the Lobby Shop, and in some instances an Island messenger can be dispatched.

**The absolute best things to bring are an open mind, a love of the sea, a friendly smile, and a sense of adventure!**

# First-time Visitors to Star Island

## *Welcome!*

### **If this is your first IA experience, we welcome you!**

Each year 15% of registrations are reserved for new attendees. Every IA conference attendee wears a button bearing their name and hometown. Newcomers' buttons are specially marked so that Old Shoalers can keep an eye on them for the first few days. If there is no one at hand to ask, head for the Oceanic Desk. There is at least one person on duty there 24 hours a day. The Oceanic is a 125-year-old hotel and is by far the largest structure on Star. You'll see it as the ferry approaches Star.

**Registration** - When the ferry docks, walk up to the lobby of the Oceanic Hotel to register. The bags you checked on the mainland will materialize in your room within the first hour or so. Check in at the desk, then you can wander around before the compulsory Orientation Program at 4:30 in Elliot Hall, off the porch near the Oceanic Lobby. A large brass bell is struck once at the start of events such as meals, chapel, and children's program. All regularly scheduled activities as well as last minute changes will be posted on the Chalkboard in the Oceanic Lobby.

**Your Room** - When you get to your room, you will find a pitcher of wash water and a basin standing on a chest. Semi-modern bathrooms with sinks and toilets are down the hall. Most sinks have drinking water but check the signs before you consume. An opaque plastic pitcher in your room will be filled with drinking water by the staff (college aged kids affectionately called Pelicans or Pels). After dinner, you can pick up another plastic pitcher in the alcove right off the dining room and fill it with hot washing water to take back to your room. If you leave the hot water pitcher outside your door at night, Pels on quiet feet will come along the next morning and fill it with hot water for your morning in-room toilette. Pels make beds, tidy rooms, and refill water pitchers each day. In keeping with the open spirit of Star Island, there are no room keys.

**Happy Hour** - Get together with friends and family every evening at 5:30 pm in Newton Centre (up the path behind Oceanic). Happy Hour is one of the most social times of the day. There are snacks and drinks and lots of conversation. A separate Happy Hour is set up for children in an adjacent Newton Centre room. There is a Friends of Bill meeting as well in the Writing Room at the east end of the Oceanic Hotel porch.

**Dinner** - The sound of the bell announces dinner in the main dining room just off of the Oceanic Lobby at 6:30. Meals are served family-style at long tables. Take a seat anywhere and strike up a conversation! Remember everyone will have on buttons with their name and hometown. Many Old Shoalers make a point of sitting with different people every day and meeting newcomers.

**First Evening Program** - After the Mandatory Orientation (Fire and Water), there will be a briefing on the youth program in Elliott Hall. After dinner on the first evening, there will be a brief presentation of the IA Conference, also in Elliot Hall. After this meeting, at 9:20 p.m., the bell will sound for the evening Candlelight Service.

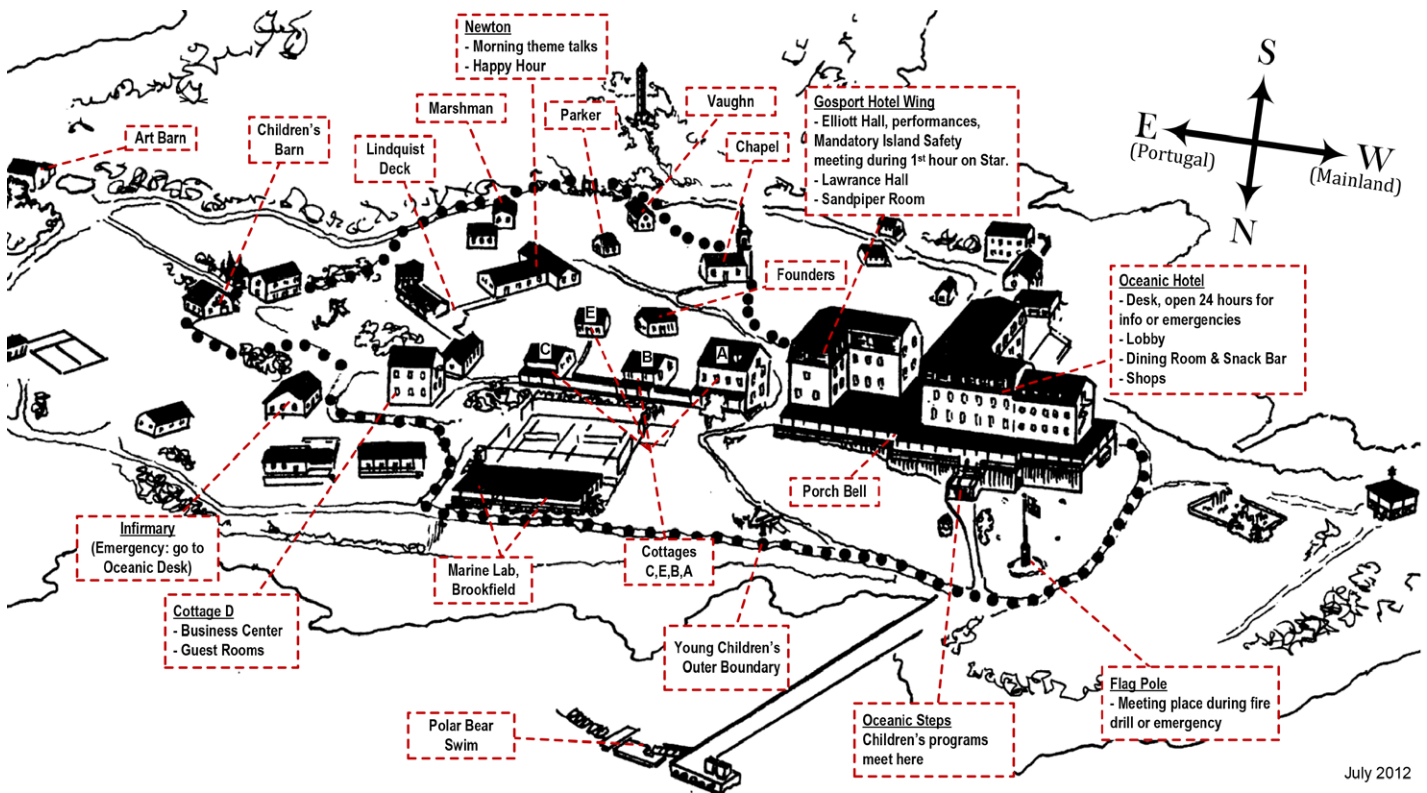
**The Next Morning** - There are activities for the early risers, such as Early Morning Stretches or Polar Bear swimming at the dock at 7 a.m. Early morning coffee is available on the front porch (unless weather is unfriendly) about 6:30 a.m. Morning chapel is held Sunday through Friday at 9 a.m. On a nice morning, some people prefer to sit on the rocks outside the chapel. A public address system will carry the minister's words to them. The first Theme Talk takes place at 10 a.m. in Newton Centre.

**The Afternoon** - After lunch, you will find a great variety of workshops and other activities to pursue or you can just sit on the porch, contemplating your first 24 hours on Star. Welcome!





# A Kid's View of Star Island Map



## International Affairs Conference Boundary-Safety Policy

**PLEASE READ THROUGH THIS POLICY VERY CAREFULLY.** It is vital for the safety of our youth that everyone be aware of and follow these regulations.

**STAR ISLAND BOUNDARY POLICY:** The breakwater is off limits to every one at all times. Children under twelve years old must stay within the posted safety boundaries unless accompanied by someone 16 or older. Maps with the boundaries are available at the Front Desk. When surf is particularly high or when severe weather is expected, additional boundaries may be announced and posted in the Lobby and alongside key island trails.

IF PARENTS/GUARDIANS ARE CONCERNED ABOUT ISLAND SAFETY BEYOND WHAT IS STATED IN ISLAND POLICIES, THEY ARE ENCOURAGED TO SET THEIR OWN RULES WITH THEIR CHILDREN.

## Morning and Evening Chapels

**Morning chapel services** take place in the Chapel led by Rev Mara Dowdall, Minister of the Week, with outside seating also available for those who wish to listen via speakers while enjoying the outdoors and the scenery.

**One of the most meaningful traditions** at Star Island is the evening candlelight service. At IA, conferees often offer very personal and touching services. This tradition truly illustrates and strengthens the strong sense of community we share at Star Island.

**It is customary** to proceed from the porch to the Chapel in complete silence and to return in silence as well. It is magical to see the room light up as conferees process in and hang their lanterns on the wall hooks. The sound of the bell buoy in the distance, the twinkling of the stars, and the glow of the moon as we return in silence, carrying our lanterns, prolongs and enhances the magic.

**Please note** that Chapel starts promptly at 9:00 p.m. The chapel bells will begin to toll between 8:45 and 8:50 p.m., and the path lighters will be out by 8:45. Please be seated by 9:00.



## Boat Trip to Historic Appledore Island

**What's a conference on Star** without our annual trip to nearby Appledore Island? Visit Celia Thaxter's legendary gardens, tour the Shoals Marine Laboratory (operated by Cornell and UNH), and stop in at the Appledore Store. View Duck Island on the way home to Star. Cost is \$25 per person. Children welcome. The boat will leave on Tuesday promptly at 1:15 p.m. and return by 4 p.m. Participants are warned that there is some walking uphill and over rough terrain. There is a limit of 45 persons (minimum 20 persons needed.) Look for a sign-up sheet on the writing desk in the Hotel Lobby.

## Bonfire and Pel Show

**All conferees are invited to enjoy a campfire**, complete with singing, marshmallows to roast and a stunning sunset - weather permitting. The traditional bonfire will be followed by the Pel Show - a presentation of music, skits and other performances. The Star Island staff - aka "the Pelicans" - pull together a stunning show each week. Conferees of all ages will enjoy both events.



## Happy Hour

**Happy Hour is held each evening at 5:30 p.m. in Newton Center.** Newton East features a full bar, plus light snacks and non-alcoholic beverages. Newton West is the "alcohol-free zone" where we welcome kids of all ages for pre-dinner munchies and drinks. Per New Hampshire law, persons under the age of 21 are not allowed in areas where alcoholic beverages are served.

**Happy Hour is sponsored directly from your generous donations.** Please contribute according to what comparable drink and snacks would cost on the mainland. Lauri Yanis, Matt Goggin, and Lloyd Yanis are our 2015 Happy Hour hosts and need extra hands setting up and running Happy Hour. Please sign up in the Oceanic Lobby at the writing desk for a shift in either the adult or kids section. **See you at Happy Hour - It's the place to meet!**



## Are You a New Shoaler?

### NEW SHOALERS' SPECIAL WELCOME, ISLAND BUILDINGS TOUR, AND SUNDAY EVENING HAPPY HOUR

**FIRST TIME AT STAR?** That makes you a “New Shoaler”! Each New Shoaler will receive a welcoming message from an Old Shoaler before the conference. It may be a greeting by letter, e-mail, or telephone. Please don't hesitate to ask questions or to share your concerns. You may want to meet each other on the dock or for lunch before the boat sails. New Shoalers who have not been contacted by an Old Shoaler please contact **Becky Miller** at [crazymama99@verizon.net](mailto:crazymama99@verizon.net).

**A BEHIND THE SCENES TOUR** will take place Sunday evening from 4pm to 5pm. Meet at the Hotel Porch bell. The tour will conclude at Newton Center for Happy Hour. All New Shoalers are invited and encouraged to attend the New Shoaler Happy Hour on Sunday at 5:00 p.m., right before our regular Happy Hour, in the same location.

## Swimming and Boating

**YOU ARE FREE TO SWIM BETWEEN 7-8 A.M. AND FROM 9 A.M.-6 P.M.** unless otherwise posted. Swimming is permitted only during those hours and only when a lifeguard is on duty on the dock. The lifeguard will ask swimmers to get out of the water and off the float when the ferry or other large boats are docking, docked, or departing. A long-time tradition is the 7 a.m. Polar Bear swim. A hardy band gathers each morning for a dip followed by hot coffee served on the Oceanic Porch. Swimming at any other time or in any location other than the designated swimming area is prohibited.

**ROWBOATS ARE AVAILABLE FOR USE FROM 9 A.M. TO 6 P.M.** Check out rowboats from a Bellhop at the Front Desk. There is a small rental fee. Rowboats are for use in the harbor. The lifeguard will call boats to the dock 10-15 minutes before 6 p.m. and may call boats in any time there is fog, strong winds, rough seas, or if the ferry is approaching the dock. Young people may use rowboats only under adult supervision. Please check with the Front Desk for special use and safety rules applying to children.



## Adhering to New Hampshire Laws

The State of New Hampshire forbids the sale of alcoholic beverage on Star Island. The drinking age in NH is 21 years of age. Alcoholic beverages may not be consumed in public spaces except at IA-sponsored Events held in designated areas. In addition, the International Affairs Conference has policies and procedures addressing discrimination, child abuse and sexual harassment. The IA Chair has a copy and one is on file with the Star Island Corporation.

## Restrooms

### PUBLIC RESTROOMS

(ACCESSIBLE TO DAY VISITORS AS WELL AS CONFEREES) ARE LOCATED IN THE FOLLOWING BUILDINGS:

- Brookfield
- Gosport in Lawrence Hall (before the staircase)
- Marshman
- Newton
- Oceanic near the Pink Parlor (improved access) and Oceanic basement, adjacent to the shower rooms

## Environmental Concerns

**WE ALL WANT STAR ISLAND** to remain healthy and beautiful into the future. Your cooperation will go a long way in preserving the island environment. Use environmentally safe products on the Island (i.e. non-aerosol hair spray and deodorant, biodegradable soap and shampoo). Help eliminate unnecessary rubbish on the Island. Bring any food in reusable containers; use paper products not lined with plastic.

## The Shops at Star Island

### THE OCEANIC HOTEL HOUSES THREE SHOPS

**ALL PROFITS GO TO STAR ISLAND AND THE CONFERENCES.**

- **GIFT SHOP** There is a gift shop off the lobby of the hotel. Donations of items for the Shop are welcome, such as collectibles, handmade articles, and jewelry.
- **BOOK SHOP** A bookstore off the lobby offers books on conference topics, Isles of Shoals history, and general interest topics.
- **SNACK BAR** Just what it sounds like – lunch items, ice cream, candy, chips, lime rickeys - all types of good things.

